



Centre for  
Palliative Care  
Informing Choice. Enabling Care.



International Palliative Care Family-carer Research Collaboration

# Newsletter

March 2016

## Featured Member



Prof Jean S. Kutner, MD, MSPH - IPCFRC Executive Committee member  
*Professor of Medicine and Associate Dean for Clinical Affairs,  
University of Colorado School of Medicine  
Chief Medical Officer, University of Colorado Hospital  
Colorado, USA*

Dr Kutner is a tenured Professor of Medicine in the Divisions of General Internal Medicine (GIM), Geriatric Medicine, and Health Care Policy and Research in the Department of Medicine at the University of Colorado School of Medicine (UC SOM). Dr Kutner received her MD from the University of California San Francisco (UCSF) in 1991 and completed residency training in internal medicine at UCSF in 1994. Subsequently, she completed a NRSA primary care research fellowship, earning an MSPH degree with honours, and a fellowship in geriatric medicine at UC SOM (1994-1997). She is Board Certified in internal medicine, geriatric medicine and hospice and palliative medicine and cares for patients on the palliative care service and in general internal medicine clinic. Her research focuses on improving symptoms and quality of life for patients with serious illness and their family caregivers. Dr Kutner is also Co-Chair of the NIH-funded Palliative Care Research Cooperative Group (PCRC). She was a member of the Institute of Medicine (IOM) Transforming End of Life Care Committee and is a past-president of the American Academy of Hospice and Palliative Medicine (AAHPM). Dr Kutner served as the Head of the University of Colorado - Division of General Internal Medicine from 2002 until 2014. Dr Kutner became the inaugural Chief Medical Officer of University of Colorado Hospital and Associate Dean for Clinical Affairs, UC SOM in July 2014.

*“My interest in a career in medicine, and in improving care for people with serious illness, stems from an early passion for medical ethics, particularly the ethics of medical decision making near the end of life. This interest was reinforced as a medical student and resident in internal medicine as I experienced first-hand many opportunities to enhance care for people with serious illness and their families. My research continues to be inspired by the patients and families I care for on the palliative care clinical service. I am committed to enhancing the evidence base that improves care for people with serious illness and their families through conducting research as well as building research infrastructure ([palliativecareresearch.org](http://palliativecareresearch.org)) and mentoring junior investigators.”*

## Online Forum

The IPCFRC online forum provides a web based communication system for IPCFRC members. It is a resource that aims to foster discussion about family caregiver research in palliative care across the IPCFRC membership database. IPCFRC members can use the forum to ask questions to the IPCFRC community, establish networks, discuss their research, enquire about previous research or existing instruments, or to notify others in the membership about upcoming events and grant opportunities that are of relevance to family caregiver research in palliative care. The focus of the content of the correspondence should always be relevant to family caregiver research in palliative care.

The way the forum operates is as follows:

- To post a message, click the 'Post to the Forum' link on the [\[IPCFRC website\]](#) or type the following email address into a new email: [ipcfrc@medstv.unimelb.edu.au](mailto:ipcfrc@medstv.unimelb.edu.au)
- When you post to the forum, your message is sent directly to all IPCFRC members. Everyone who receives an email has the opportunity to reply to the group by pressing the 'reply' button. You can unsubscribe from this list at any time by pressing the 'unsubscribe' button at the bottom of each post.

When you post to this forum, always remember to adhere to the following:

- Write only public (never private) messages. Lists are a public forum; personal comments should be sent directly to the person, not the entire list.
- Stick to the purpose of the list; the more topic-specific the contributions are, the more useful the list is for everyone.
- Make the subject line descriptive of your topic.
- Sign your posting by listing your contact information or auto-signature.
- When you are replying to a list message please be aware that this list is set up to automatically reply-all. If your reply is not of interest to everyone on the list, change the address to the person to whom your reply is directed.
- Be mindful of what you write; never write anything you would not say to someone directly. Never use the Forum for personal attacks or profanity.
- Avoid using humour or making political or religious comments.
- Do not send chain letters, spam, flames, or solicitations.
- Avoid posting attachments.

To report errors, please contact [centre.palliativecare@svha.org.au](mailto:centre.palliativecare@svha.org.au) with the subject 'IPCFRC Online Forum Error'.

## Recent articles relevant to IPCFRC members

In each edition we will feature some recently published articles relevant to IPCFRC members.

If you have published in a peer-reviewed journal recently and the subject matter is relevant to the IPCFRC community, please email [centre.palliativecare@svha.org.au](mailto:centre.palliativecare@svha.org.au) with the subject 'IPCFRC Newsletter' and we will feature your publication in an upcoming edition.

---

Collins A, Hennessy-Anderson N, Hosking S, Hynson J, Remedios C, Thomas K. (2016) "Lived experiences of parents caring for a child with a life-limiting condition in Australia: A qualitative study." [Epub ahead of print] *Palliat Med*. doi: 10.1177/0269216316634245.

Halkett GK, Lobb EA, Miller L, Phillips JL, Shaw T, Moorin R, Long A, King A, Clarke J, Fewster S, Hudson P, Agar M, Nowak AK. (2015) "Protocol for the Care-IS Trial: a randomised controlled trial of a supportive educational intervention for carers of patients with high-grade glioma (HGG)." *BMJ open* 5(10):e009477.

Hudson P, Girgis A, Mitchell G, Philip J, Parker D, Currow D, Liew D, Thomas K, et al. (2015) "Benefits and resource implications of family meetings for hospitalized palliative care patients: research protocol" *BMC Palliat Care* 14: 73.

Marston, C., Agar, M., & Brown, T. (2015) "Patients' and caregivers' perceptions of occupational therapy and adapting to discharge home from an inpatient palliative care setting." [Epub ahead of print] *Brit J Occup Ther*: 1-9. Doi: 10.1177/0308022615586417.

Michels C, Boulton M, Adams A, Wee B, Peters M. (2016) "Psychometric properties of carer-reported outcome measures in palliative care: a systematic review." *Palliat Med* 30(1):23-44.

Russell B, Collins A, Dowling A, Dally M, Gold M, Murphy M, et al. (2016) "Predicting distress among people who care for patients living longer with high-grade malignant glioma." *Support Care Cancer* 24(1):43-51.

## Review of literature related to family carer research

One of the initiatives of the IPCFRC is to compile a listing of publications related to family caregiver research in palliative care. This list is updated annually, and serves as a basic resource to aid those who are looking for peer-reviewed publications related to family caregiver research in palliative care. The 2016 version is now available as a downloadable resource on the [\[IPCFRC website\]](#).

## Conferences relevant to IPCFRC members

11<sup>th</sup> Annual Conference on Palliative and End of Life Care  
Dates: May 6, 2016  
Location: Toronto, Canada  
Website: [[11<sup>th</sup> Palliative and EoLC Conference](#)]

15<sup>th</sup> Centre for Palliative Care Research and Education (CPCRE) Annual Research Conference  
Dates: May 6, 2016  
Location: Brisbane, QLD  
Website: [[15<sup>th</sup> CPCRE Research Conference](#)]

2016 Australian Grief and Bereavement Conference  
Dates: May 11-13, 2016  
Location: Sydney, Australia  
Website: [[2016 Australian Grief and Bereavement Conference](#)]

2016 Australian and New Zealand Society for Geriatric Medicine Annual Scientific Meeting  
Dates: June 1-3, 2016  
Location: Cairns, QLD  
Website: [[2016 ANZSGM Annual Scientific Meeting](#)]

18<sup>th</sup> International Conference on End of Life Care  
Dates: June 1-2, 2016  
Location: Dubai, UAE  
Website: [[18<sup>th</sup> ICELC](#)]

2016 International Death, Grief & Bereavement Conference  
Dates: June 6-8, 2016  
Location: Wisconsin, USA  
Website: [[2016 IDGB Conference](#)]

9<sup>th</sup> World Research Congress of the European Association for Palliative Care (EAPC)  
Dates: June 9-11, 2016  
Location: Dublin, Ireland  
Website: [[9<sup>th</sup> World Research Congress of EAPC](#)]

2016 Multinational Association of Supportive Care in Cancer (MASCC)/ International Society of Oral Oncology (ISOO) Annual Meeting on Supportive Care in Cancer  
Dates: June 23-25, 2016  
Location: Adelaide, SA  
Website: [[2016 MASCC/ ISOO Annual Meeting](#)]

10<sup>th</sup> Palliative Care Victoria Conference  
Dates: July 28-29, 2016  
Location: Melbourne, VIC  
Website: [[10<sup>th</sup> PCV Conference](#)]

2016 Australian and New Zealand Society of Palliative Medicine (ANZSPM) Biennial Conference  
Dates: September 8-11, 2016  
Location: Perth, WA  
Website: [[2016 ANZSPM Biennial Conference](#)]

1<sup>st</sup> National Symposium on Academic Palliative Care Education & Research  
Dates: September 30 - October 1, 2016  
Location: California, USA  
Website: [[1<sup>st</sup> CSU Palliative Care Symposium](#)]

18<sup>th</sup> International Psycho-Oncology Society (IPOS) World Congress of Psycho-Oncology  
Dates: October 17-21, 2016  
Location: Dublin, Ireland  
Website: [[IPOS 2016](#)]

21<sup>st</sup> International Congress on Palliative Care  
Dates: October 18-21, 2016  
Location: Montreal, Canada  
Website: [[ICPC 2016](#)]

2016 Marie Curie Annual Palliative Care Research Conference  
Dates: October 19, 2016  
Location: London, UK  
Website: [[2016 Marie Curie Annual Research Conference](#)]

The International Society for Quality of Life Research (ISOQOL) 23<sup>rd</sup> Annual Conference  
Dates: October 19-22, 2016  
Location: Copenhagen, Denmark  
Website: [[2016 ISOQOL Conference](#)]

43<sup>rd</sup> Clinical Oncology Society of Australia (COSA) Annual Scientific Meeting  
Dates: November 15-17, 2016  
Location: Gold Coast, QLD  
Website: [[2016 COSA ASM](#)]

## Upcoming IPCFRC Events

An open meeting for current and prospective IPCFRC members will be held in June 2016 at the [9<sup>th</sup> World Research Congress of the European Association for Palliative Care] in Dublin, Ireland.

Further information on the session date, room and time will be available on the [EAPC website].

We are also currently planning to hold another open meeting at the [21st International Congress on Palliative Care] in October 2016 in Montreal, Canada – details to be confirmed.

Open meetings provide the opportunity for members and prospective members to hear about what is happening in the IPCFRC community and what IPCFRC has to offer, as well as meet the IPCFRC Executive Committee and their fellow IPCFRC members.

## Membership

The IPCFRC now has approximately 200 registered members from many countries of the world, including; Australia, Bulgaria, Cameroon, Canada, Denmark, France, Germany, Ireland, Japan, New Zealand, Nigeria, Norway, Spain, Sweden, Thailand, UK & USA.

Individuals from all continents with a genuine interest in palliative care research related to family carers may become individual members of the IPCFRC. Membership is free. To formalise your membership please complete the [online form] on the IPCFRC website.

### Forward IPCFRC to a friend!

Please forward this newsletter to friends or colleagues interested in family carer research. They can also sign up for [free membership]!

### Update your details!

We are now collecting information on member research interests and expertise.

[Update your details now]

## Unsubscribe

If you are no longer interested in receiving correspondence from us, please unsubscribe by emailing: [centre.palliativecare@svha.org.au](mailto:centre.palliativecare@svha.org.au)